

2018 MR340

Performance Summary Report

Start: Tuesday, July 24, 2018 12:00 AM

Zone: Central Standard Time

Team: #3053 - Jim Capparelli (Men's Solo)

Overall Standings

1	3433 - River Fitness	FINISH	33:01:00
2	1300 - Joe Mann	FINISH	36:39:00
3	0963 - Risky Business	FINISH	37:51:00
4	1318 - Robyn Benincasa	FINISH	38:41:00
5	0019 - Geoff Waters	FINISH	39:39:00
6	0117 - Mark Holloway	FINISH	40:20:00
7	2186 - Benjamin Boucher	FINISH	41:34:00
7	6975 - Doug Robinett	FINISH	41:34:00
9	2008 - PaddleHawks	FINISH	41:51:00
10	1010 - Married With Children	FINISH	41:55:00
214	3053 - Jim Capparelli	FINISH	64:09:00

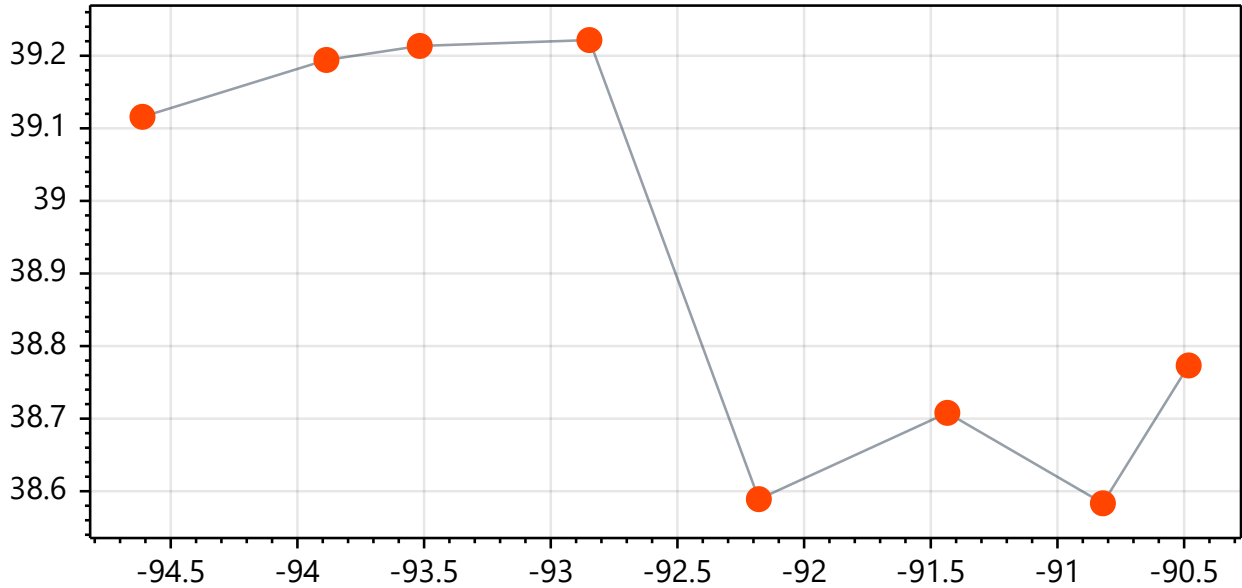
Division Standings: Men's Solo

1	1300 - Joe Mann	FINISH	36:39:00
2	0019 - Geoff Waters	FINISH	39:39:00
3	0117 - Mark Holloway	FINISH	40:20:00
4	2186 - Benjamin Boucher	FINISH	41:34:00
4	6975 - Doug Robinett	FINISH	41:34:00
6	0042 - Chris Luedke	FINISH	42:21:00
6	0012 - Chad Breshears	FINISH	42:21:00
8	3620 - Dustin LeCave	FINISH	42:32:00
9	3737 - Rusty Coons	FINISH	43:43:00
10	0312 - J.W. Lile	FINISH	44:01:00
94	3053 - Jim Capparelli	FINISH	64:09:00

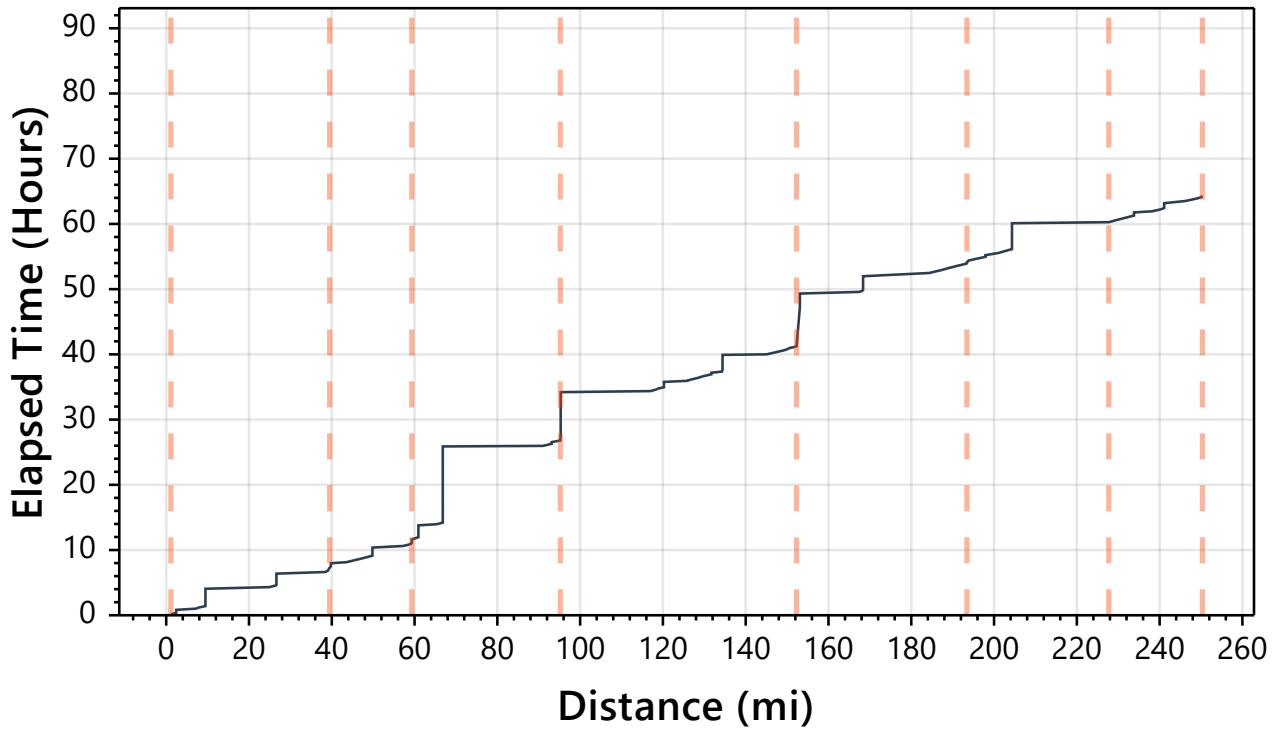
2018 MR340

Performance Summary Report

Race Course Map

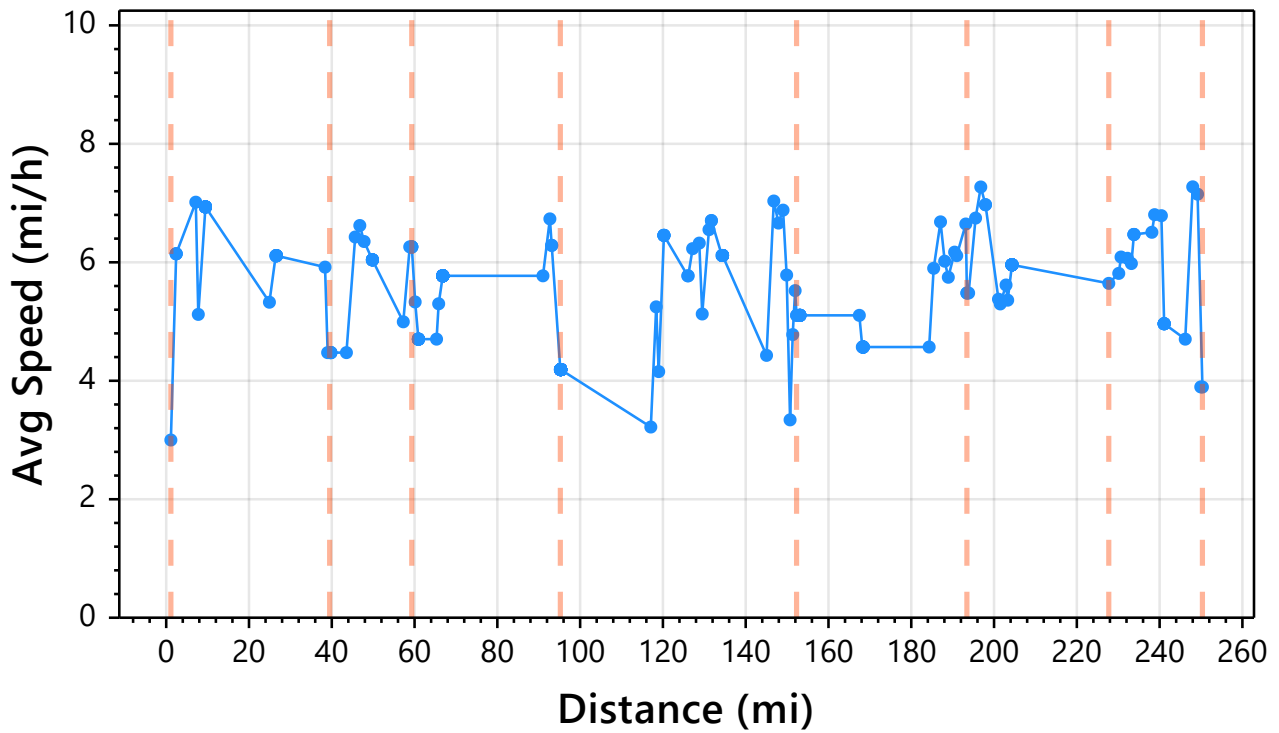


Race Progress

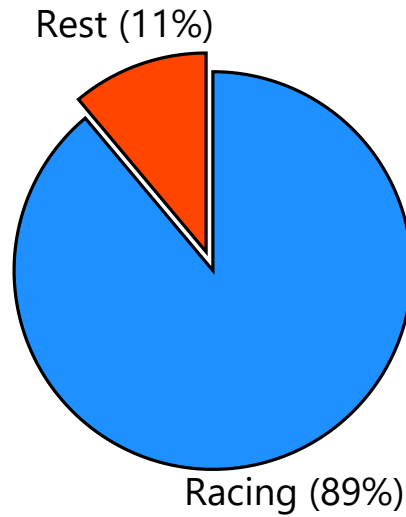


Segment Average Speeds

Speed Profile



Racing vs. Rest Distribution



Detailed Checkpoint Summary

Checkpoint	In/Out	Elapsed	Dist(mi)	Split(mi)	Leg Time	Stay
Kaw Point	--- 07:00	00:00:00	0.0	0.0	00:00:00	---
Lexington	07/24 14:06 14:21	07:06:00	0.0	0.0	07:06:00	00:15:00
Waverly	07/24 18:02 18:35	11:02:00	0.0	0.0	03:41:00	00:33:00
Glasgow	07/25 10:00 10:05	27:00:00	0.0	0.0	15:25:00	00:05:00
Jeff City	07/26 00:18 06:06	41:18:00	0.0	0.0	14:13:00	05:48:00
Hermann	07/26 12:59 13:25	53:59:00	0.0	0.0	06:53:00	00:26:00
Klondike	07/26 19:19 19:19	60:19:00	0.0	0.0	05:54:00	---
St. Charles	07/26 23:09 ---	64:09:00	0.0	0.0	03:50:00	---